FORT CHIMO MINERALS INC.

105 Airdrie Road Toronto, Ontario M4G 1M4

NEWS RELEASE

FOR IMMEDIATE RELEASE October 3, 2008 Toronto, Ontario Canadian Trading & Quotation System Inc.
Trading Symbol: FORT
Shares Outstanding: 59,043,829

FORT CHIMO GRANTS STOCK OPTIONS

Fort Chimo Minerals Inc. (CNQ - FORT) (the "Company") announces it has granted 600,000 options to purchase common shares of the Company to certain consultants of the Company exercisable at a price of \$0.10 per share for a period of five years. The common shares issuable upon exercise of the options are subject to a four month hold period from the original date of grant.

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